



## Year 11 GCSE PPE Exam Period February 2024 Information, Support and Guidance



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"You were born to win.
But, to be a winner,
you must plan to win,
prepare to win and
expect to win."

Zig Ziglar



#### Introduction

It is the aim of Seahaven Academy to make the examination experience as stress free and successful as possible for all candidates.

Assessment is a key part of education as it helps students to demonstrate their learning, provide feedback on the errors they've been making and help provide opportunities to improve their performance with each assessment. It also helps teachers to guide their teaching to assist with students learning.

Sitting formal exams also contributes to vital and relevant attributes that all students need to be successful in later life. Punctuality, resilience, independence, ambition and confidence will all contribute.

It is vital that all students attend their allocated Period 6 session for their specific subject and that any absences are communicated with the subject teacher before the session as a matter of courtesy. These sessions are designed to support student's progress and will ultimately help in the run up to the February PPEs and the GCSEs in May – June.

As a school, we will be doing everything we can to support your son/daughter through these stressful and busy times. Please do make contact with their subject teachers, Heads of Communities and Mr Hafernik if you need anything.

Please do also take the time to complete this simple questionnaire below as it will help us support you and your child more:

https://forms.office.com/Pages/DesignPageV2.aspx?subpage=design&FormId=u9aWExWnNUm4gYTW2Uobp8h-

XyM79axEiXSckWOCEFFUODFFUjRDVlhENklOU1VYVlVXRjgySjdEQi4u&Token=3d7b152e92ba4bc3a2 91bfa7aed9f28e

#### For all exams the following rules must be followed: taken from JCQ GCSE guidelines 2023

- ✓ Be on time for all your exams. If you are late, your work might not be accepted.
- ✓ Do not become involved in any unfair or dishonest practice during the exam
- ✓ If you try to cheat, or break the rules in any way, you could be disqualified from all your subjects
- ✓ You must not take into the exam room: (a) notes; (b) an iPod, a mobile phone, an MP3/4 player or similar device, or a watch. Any pencil cases taken into the exam room must be seethrough. Remember: possession of unauthorised material is breaking the rules, even if you do not intend to use it, and you will be subject to penalty and possible disqualification.
- ✓ If you have a watch, the invigilator will ask you to hand it to them
- ✓ Do not use correcting pens, fluid or tape, erasable pens, highlighters or gel pens in your answers
- ✓ Do not talk to or try to communicate with or disturb other candidates once the exam has started
- ✓ You must not write or draw offensive or obscene material
- ✓ If you leave the exam room unaccompanied by an invigilator before the exam has finished, you will not be allowed to return
- ✓ Do not borrow anything from another candidate during the exam



#### The following equipment should be brought to every exam:

- √ 3 pens black
- ✓ 3 pencils
- ✓ Ruler
- ✓ Pencil sharpener
- ✓ Rubber

#### For certain exams you will also need the following:

- ✓ Compass
- ✓ Protractor
- ✓ Calculator
- ✓ Coloured Pencils
- ✓ Highlighters for use on question papers but not in answers

#### Exam Process and Procedure – PPE 26th February

The PPE exams will take place in the main exam hall and the following process will take place:

- Students will be taken to the main hall prior to the start of the exam
- A member of staff will complete an SOS (Secrets of Success) briefing to give key messages about the assessment/exam
- Whilst in the main hall students will sit in the exam seating plan and then sent to the Sports hall or the access room
- Students will need to place their bag in the allocated area and only take into the exam hall the following items: Pen, Pencil, Ruler, Rubber, Pencil Sharpener. Specialist Equipment for exams will be provided by the school. Should a water bottle be taken into the exam hall, then this will need to be a clear bottle with no label or writing on it
- As soon as students enter the exam hall then they will be under exam conditions and should be silent. If they need any assistance, then they should raise their hand and an exam invigilator will come and speak with them
- Students will be dismissed at the end of the exam by a member of staff



#### Be Selfish for your grade

#### Points to note:

Your February mock examinations are your 'second race' of the year.

It is the next point that we can understand what level you are currently working at and is a result of the hard work you have been completing this term, since the beginning of the year and throughout your time at Seahaven Academy.

Both your set of mocks will be used to inform predictions (which will be what 6<sup>th</sup> Form Colleges and Apprenticeship providers will want to know for your admissions), for any set changes and allow you to see your progress.

To prepare for your mocks, you should ensure that you have access, and have completed, the following things:

- Any revision booklets that your subject teacher gives to you
- Your class folders (if your teacher allows you to take it)
- · Seneca/Sparx/LanguageNut logins
- All homework assigned which is accessed on Satchel One

#### **Revision**

It is important that you continue to revise correctly and smartly – this means planning your revision schedule and keeping to it, rather than revising at the last minute.

#### IT IS NOT ENOUGH TO JUST COMPLETE THE WORK WHICH IS GIVEN TO YOU IN CLASS

You should see your learning as follows:

- **Classwork** = the exam paper skills/ addressing any misconceptions
- Poetry breakfast, core subjects in tutor time and Period 6
- Subject homework = Helping you to recall skills from previous units and all skills
- Revision = Ensuring you are exam ready

Those who will achieve higher grades will complete all 4 waves of classwork, extra sessions, subject homework and revision.

#### **Revision Guidance**

#### **The Basics:**

- Limit distractions
- Create and use a revision plan
- Find a nice quiet space to revise in
- Set an alarm and start early!
- Revise. Repeat. Remember
- Make sure you eat, sleep and take time out
- Stay positive

Additional Advice and guidance can be found on our school website:

https://www.seahavenacademy.org.uk/parents-students/key-stage-4-information

#### **How can I revise effectively?**

Three common revision techniques that are least effective in helping you revise are:

- ✓ Highlighting texts
- ✓ Re-reading
- ✓ Summarising text

These methods may make you *feel like* you are revising, but there are better ways to help you revise...

#### **Flashcards**

Create these with questions on one side and the answers on the other. You can colour code them for different topics and quiz yourself or others. You can also create flashcards on-line or on your phone using Quizlet.



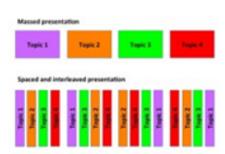
#### **Retrieval Practice**

Testing yourself for what you know is a really powerful tool in revision. The effort to remember something really strengthens your memory. Use your Knowledge Organisers to Self-Quiz and subject revision guides to help you.

Types: Multiple choice; True or false; odd one out; explanation questions.

#### **Interleaving & Spacing**

Avoid trying to revise all your topics in one go (cramming). Instead, revise chunks of a topic for small amounts of time (15 mins) and then move onto another chunk. This will improve your memory.



#### **Dual Coding**

This is putting your knowledge into visual form alongside words. It increases your chances of remembering it.



#### **Deliberate Practice**

Set aside time to practice improving your knowledge. Choose what you need to do. It should be difficult enough to challenge you, and practice, practice, practice! Try to focus on something you are almost able to do but just not yet!



#### **Attendance Matters**



#### **GCSE** results:

Our most recent GCSE results highlighted that student that had their attendance above 96% achieved significantly better GCSE results when compared to students below 96%

#### Period 6: Term 3

The period 6 timetable has been adapted for this term to provide greater support for students within core subjects.

|  | Morning and Afternoon Sessions                          |  |
|--|---|--|
| Monday AM  | Poetry Breakfast  |  |
| Monday PM  | Maths – All students                                    |  |
| Tuesday PM   | English or Drama/Geography/ Music for selected students |  |
| Wednesday PM   | Triple Science (Content)                                |  |
| Thursday PM  | Art/DT/Photography                                      |  |
| Friday AM  | Friday AM Poetry Breakfast                              |  |
| Friday PM  | History   |  |
| Additional Support   |   |  |
| Tutorial: Tuesday/Wednesday/Thursday: English or Maths<br>Homework Club: Everyday 3-4pm<br>Maths Homework Club: Tuesday and Thursday 3-4pm |   |  |



#### **Year 11 Feb/March PPE Timetable**

Please note: Timetable is subject to change. Students and Parents/Carers will be notified as soon as possible of any changes.

| Day       | Week | Date       | Time    | Year | Subject                                 | Duration                 |
|-----------|------|------------|---------|------|---|--------------------------|
| Monday    | В    | 26/02/2024 | 09:00   | 11   | English Language                        | 1hr 45min                |
| Monday    | В    | 26/02/2024 | 11:25   | 11   | History 1                               | 1hr 15min                |
| Tuesday   | В    | 27/02/2024 | 09:00   | 11   | Maths 1                                 | 1hr 30min                |
| Tuesday   | В    | 27/02/2024 | 11:25   | 11   | French L/R                              | 1hr 20min/<br>1hr 45mins |
| Wednesday | В    | 28/02/2024 | 09:00   | 11   | English Literature                      | 1hr 45min                |
| Wednesday | В    | 28/02/2024 | 11:25   | 11   | French W                                | 1hr 5min/<br>1hr 20min   |
| Thursday  | В    | 29/02/2024 | 09:00   | 11   | Maths 2                                 | 1hr 30min                |
| Thursday  | В    | 29/02/2024 | 11:25   | 11   | Geography 1                             | 1hr 30min                |
| Friday    | В    | 01/03/2024 | 09:00   | 11   | Religious Studies                       | 1hr 45min                |
| Friday    | В    | 01/03/2024 | 11:25   | 11   | Sci Bio                                 | 1hr 15min/<br>1hr 45min  |
| Monday    | А    | 04/03/2024 | 09:00   | 11   | Sci Chem                                | 1hr 15min/<br>1hr 45min  |
| Monday    | Α    | 04/03/2024 | 11:25   | 11   | Geography 2                             | 1hr 15min                |
| Tuesday   | Α    | 05/03/2024 | 09:00   | 11   | Maths 3                                 | 1hr 30min                |
| Tuesday   | Α    | 05/03/2024 | 11:25   | 11   | History 2                               | 55min                    |
| Wednesday | А    | 06/03/2024 | 09:00   | 11   | Sci Physics                             | 1hr 15min/<br>1hr 45min  |
| Wednesday | Α    | 06/03/2024 | 11:25   | 11   | Geography 3                             | 1hr 30min                |
| Thursday  | Α    | 07/03/2024 | 09:00   | 11   | Religious Studies                       | 1hr 45min                |
| Thursday  | Α    | 07/03/2024 | 11:25   | 11   | Food                                    | 1hr 45min                |
| Friday    | Α    | 08/03/2024 | 09:00   | 11   | Drama                                   | 1hr 45min                |
| Friday    | Α    | 08/03/2024 | 11:25   | 11   | History 3                               | 1hr 20min                |
| Monday    | В    | 11/03/2024 | ALL DAY | 11   | French Speaking<br>Photography & DT JPA | All Day                  |
| Tuesday   | В    | 12/03/2024 | ALL DAY | 11   | French Speaking                         | All Day                  |
| Wednesday | В    | 13/03/2024 | ALL DAY | 11   | French Speaking<br>Art & DT YAE         | All Day                  |
| Thursday  | В    | 14/03/2024 | ALL DAY | 11   | French Speaking                         | All Day                  |
| Friday    | В    | 15/03/2024 | ALL DAY | 11   | French Speaking<br>Drama                | All Day                  |
| Monday    | Α    | 18/03/2024 | ALL DAY | 11   | PE Coursework Day                       | All Day                  |

| Course                 | EDEXCEL Art & Design   |  |
|------------------------|--|--|
|                        | Fine Art   |  |
| Exam Length            | 10 hours (over two days week commencing 22 <sup>nd</sup> APRIL 2024) |  |
| <b>Examination and</b> | Externally Set Assignment  |  |
| content:               | Theme: POWER   |  |

## Resources to help you revise:

The practical exam is COMPONENT 2

The exam component on the theme POWER is worth 40% of your final GCSE grade.

Coursework from year 10 and year 11 make up the other 60%

Evidence for both components needs to meet the four assessment objectives AO1, AO2, AO3 and AO4.

| A01<br>Develop | Develop ideas through investigations, demonstrating critical understanding of sources.                               |
|----------------|--|
| A02<br>Refine  | Refine work by exploring ideas, selecting & experimenting with appropriate media, materials, techniques & processes. |
| A03<br>Record  | Record ideas, observations & insights relevant to intentions as work progresses.                                     |
| A04<br>Present | Present personal & meaningful responses that realise intentions & demonstrate understanding of visual language.      |

Use the links below the checklist for the Seahaven ART GCSE support booklet, Knowledge Organisers and other resources online that can help you.

| C      | V/HW WC                   | TASK / DESCIPTION                                       | EVIDENCE (minimum)   | AO          |
|--------|---------------------------|---|--|-------------|
| Α      | Thurs 5 <sup>th</sup> Jan | Introduction + Mind map<br>of the theme x 2             | 1x page mind map exploring the theme images and artists<br>and words printed for teacher<br>Rope drawings: Mona <u>Hattoum</u> and Claudia Parducci                                      | A01         |
| В      | Wed 11 <sup>th</sup> Jan  | Experiments and artist                                  | Workshop: Papercuts and 3D drawings  | AO2<br>AO1  |
| H<br>W |                           | response.  EXPANDED MIND map on chosen theme            | Photos and links to Zupco and Reed  EXPANDED MIND map on chosen theme. Visual collection to be started.  Extension: ARTIST STUDY   |             |
| Α      | Wed 18 <sup>th</sup> Jan  | Experimental into drawing.                              | lan Murphy Drawing<br>Mount all work.  | A01         |
| Α      | Thurs 19th Jan            | Artist Study  | Experimental response to artist study.  Artist study for HW planning.  | AO1         |
| H<br>W |                           | Extra artists research<br>Linking to your ideas         | x page including images words + SEMI analysis or deeper<br>research (including sample drawings your own response,<br>link to materials or other artists/techniques?) FULL double<br>page | A01         |
| В      | Wed 25th Jan              | Observation drawing<br>based on your own<br>photographs | Ink drawings, charcoal drawings, and further experimental mixed media.   | A01         |
| H<br>W |                           | Observations relating to theme and ideas                | 10 x Photographs objects/images close ups/ textures etc.<br>relevant to artists + theme + notes to explain how they<br>influence your own work. Draw from these.                         | AO3         |
| Α      | Wed 1 <sup>st</sup> Feb   | Experiments with materials                              | Independent Study week Experimental workshops: Paint<br>drips and string pulls.<br>Artist Study started in class and completed for HW  | AO3         |
| Α      | Thurs 2nd Feb             | Experiments with materials                              | Samples of material + techniques relevant to your developing ideas   | AO3         |
| В      | Wed 8th Feb               | Statement of Intent                                     | Initial planning with written description of ideas from theme.  Teacher one to ones  |             |
| H<br>W | HALF TERM                 | Independent study                                       | Complete list of tasks from independent ideas development  | AO3         |
| Α      | 22nd+23 <sup>rd</sup> Feb | Planning  | Thumbnail sketches to explore final ideas  | AO2/<br>A03 |
| В      | 1st March                 | Experiments with materials                              | Experimental techniques relevant to your developing ideas  | AO3         |
| A      | 8 <sup>th</sup> + 9th Mar | Developing ideas  | Drawings of developed + possible ideas with clear annotations on how they meet the theme, link with artists + final colours and materials  | AO2/<br>AO3 |
| В      | 15th March                | Materials research and<br>presentation                  | Boards/sketchbooks to be mounted and written up  | AO2/<br>AO3 |
| Α      | 23th + 24th Mar           | Cover all AOs   | Filling the gaps: independent study  | AO3         |
| Α      | Wed 27th Mar              | Exam planning 10 hours                                  | Step by step plan for the 10hour exam over 2 x days  | AO3         |
| H<br>W | Easter                    | Evaluations and reflections of work so far              | INDEPENDENT TASKS: ideas A01+A02+A03   | AO2         |
|        |                           | Materials collection                                    | Please see technician and teacher to confirm   | A04         |

BBC Bitesize Art + Design
The Arty Teacher
United learning Continuity Oak sessions
GCSE ART Knowledge Organisers



#### **Subject Lead: Miss Aeberhard**

#### aeberhardy@seahavenacademy.org.uk

| Course   | EDEXC  | EL Art & Design   |  |         |
|--|--|---|--|---------|
|  | Three-   | Dimensional Design (3   | D Design)  |         |
| Exam Length  | 10 hours (over two days week commencing 22 <sup>nd</sup> APRIL 2024)   |   |  |         |
| <b>Examination and</b>   | Externa  | ally Set Assignment   |  |         |
| content:   | Theme  | : POWER   |  |         |
| Resources to help  |  | • •   | h April in class with supporting research  |         |
| you revise:  | Work:  | should show a journey fro   | sted below in the PACING PLAN/CHI<br>om investigating the theme, experin<br>cording observations throughout to                                 | nenting |
| The practical exam is  | Withiut  | •   | rsonal response.   | uevelop |
| COMPONENT 2  |  | GCSF 3D DFS   | IGN POWER EXAM 2024  |         |
| The exam component on  |  |   | ecklist for assessment   |         |
| the theme POWER is worth   | WeeK   | TASK DESCIPTION   | EVIDENCE (minimum)   | AO      |
| 40% of your final GCSE   | 1st  | Mind map of the theme   | 1x page mind map exploring ideas and   | AO1     |
| grade.   | Jan<br>8 <sup>th</sup><br>Jan  | POWER Artist research 1 SEMIO analysis and  | links to the theme written work + photos of the artwork created + own drawings   | AO1     |
| Coursework from year 10  | 15 <sup>th</sup>   | response<br>Observational and ideas   | 2 pages of sketches and ideas relating   | AO3     |
| and year 11 make up the other 60%  | Jan<br>HW  | drawing Photos or relevant objects/effects/materials  | to the theme 10 at least printed out close ups/textures /colours/objects relevant to artists and theme   | AO3     |
| Evidence for both components needs to meet   | 22 <sup>nd</sup><br>Jan<br><sup>29th</sup><br>Jan  | Statement of Intent  Artist research 2  SEMIO analysis and  | Statement of what you are intending to<br>make + how it relates to the theme<br>written work + photos of the artwork<br>created + own drawings | AO1     |
| the four assessment objectives AO1, AO2, AO3   | 5 <sup>th</sup><br>Feb   | response<br>Model making +<br>CAD (2D Design) +   | 3 small scale models of your ideas<br>2D Design screen shots   | AO2     |
| A01 Develop ideas through investigations.  | HW   | Materials experimentation Final design ideas Artists 3 if needed  | Drawings of design ideas<br>SEMIO analysis + photos of the artwork<br>created + own drawings   | AO3     |
| Develop demonstrating critical understanding of sources.   | 19 <sup>th</sup>   | CAD 2D Design   | 2D Design screen shots   | AO2     |
| Refine work by exploring ideas, selecting a special selecting with appropriate media. The second ideas, observations & insights relevant to intentions as work progresses.   | Feb<br>26 <sup>th</sup><br>Feb   | + resource collection Reflections and Venn diagram linking artists/theme/materials and experimentation              | Materials samples<br>Venn diagram sheet  | AO3     |
| Record    Record   Re | 4 <sup>th</sup><br>Mar   | Photographs of all experimentation and reflection   | Photos annotated in sketchbook   | AO2     |
| Use the links below the  | HW   | PERSONAL PINK POINTS  | Respond to specific feedback   | AO4     |
| checklist for the Seahaven   | 11 <sup>th</sup><br>Mar  | Model making +<br>CAD (2D Design) +<br>Materials experimentation  | Models of your ideas, samples of trials of materials and processes   | AO2     |
| 3D Design GCSE support   | 18 <sup>th</sup>   | Materials preparation   | ANY MATERAL ORDERS to TEACHER  | AO2     |
| booklet, Knowledge   | Mar<br>25 <sup>th</sup>  | Exam plan   | Step by + plan and reflection sheet  |         |
| Organisers and other   | Mar<br>HW  | PERSONAL PINK POINTS  | Respond to specific feedback   | AO3     |
| resources online that can help you.  | 16 <sup>th</sup><br>Apr  | Exam prep   | Step by step plan  | AO2     |
|  | 3D Designment 3D | in Knowledge Organisers<br>in GCSE Support Handbook<br>size Art + Design<br>Teacher<br>earning Continuity Oak sessi | <u>ons</u>   |         |



#### **Subject Lead: Miss Pointing**

#### pointingt@seahavenacademy.org.uk

| Course                 | AQA GCSE Drama   |  |
|------------------------|--|--|
| Exam Length            | Paper 1- Unit 1  |  |
|                        | 1 hour 45 minutes  |  |
| <b>Examination and</b> | Component 1  |  |
| content:               | Understanding Drama  |  |
|                        | Section A Theatre Roles and Terminology: Multiple choice x 4 questions   |  |
|                        | 4 marks total  |  |
|                        | Section B Study of set play: Blood Brothers  |  |
|                        | Reading an extract and answering 4-part question   |  |
|                        | 34 marks total   |  |
|                        | Section C Live Theatre Production  |  |
|                        | Describe how two actors effectively use vocal and physical skills in performance.  |  |
|                        | 32 marks total   |  |
|                        | 80 marks for complete paper  |  |
|                        | 120 marks are already completed Non-Exam Assessment  |  |
| Resources to help      | Preparing for the written exam - How to answer set text exam   |  |
| you revise:            | <u>questions - AQA - GCSE Drama Revision - AQA - BBC Bitesize</u> <u>Director and performers - Theatre roles - AQA - GCSE Drama</u> <u>Revision - AQA - BBC Bitesize</u> |  |
|                        | Social, cultural and historical context - Characteristics of a dramatic work - AQA - GCSE Drama Revision - AQA - BBC Bitesize  |  |
|                        | Staging - Staging - AQA - GCSE Drama Revision - AQA - BBC Bitesize   |  |
|                        | Stage positioning - Stage positioning - AQA - GCSE Drama Revision - AQA - BBC Bitesize   |  |
|                        | How performers use their body - Physical skills for interpreting a character - AQA - GCSE Drama Revision - AQA - BBC Bitesize  |  |
|                        | How performers use their voice - Vocal interpretation of a character - AQA - GCSE Drama Revision - AQA - BBC Bitesize  |  |

| Course & Exam          | AQA English  |  |  |
|------------------------|--|--|--|
| Longth                 | Literature Paper 1: 1hr 45mins   |  |  |
| Length                 | Literature Paper 2: 2hrs 15mins  |  |  |
|                        | Language Paper 1: 1hr 45mins   |  |  |
|                        | Language Paper 2: 1hr 45mins   |  |  |
| <b>Examination and</b> | Literature Paper 1:  |  |  |
| content:               | Section A: Shakespeare – 30 marks (AO1, AO2, AO3) + 4 marks (AO4) Students will answer one essay question on their studied   |  |  |
|                        | Shakespearean text, Macbeth.   |  |  |
|                        | Section B: The 19th Century Novel – 30 marks (AO1, AO2, AO3) Students will answer one essay question on their studied 19th Century text, A Christmas Carol.  |  |  |
|                        | Literature Paper 2:  |  |  |
|                        | Section A: Modern prose/drama - 30 marks (AO1, AO2, AO3) + 4 marks (AO4) Students will answer one essay question from a choice of two on their studied modern play, An Inspector Calls.  |  |  |
|                        | Section B: Power and Conflict poetry - 30 marks (AO1, AO2, AO3) Students will answer one comparative essay question. Students will need to choose a poem from the Power and Conflict cluster to compare to the named poem on the exam paper. |  |  |
|                        | Section C: Unseen Poetry – 32 marks in total  Students will answer one question on one unseen poem and one question comparing this poem with a second unseen poem.  • Part 1: unseen poem essay  24 marks (AO1, AO2)                         |  |  |
|                        | <ul> <li>Part 2: unseen poetry comparison</li> <li>8 marks (AO2)</li> </ul>  |  |  |
|                        | Language Paper 1:  |  |  |
|                        | <ul> <li>Reading (40 marks) (25%) – one text</li> <li>1 short form question (1 x 4 marks)</li> <li>2 longer form questions (2 x 8 marks)</li> <li>1 extended question (1 x 20 marks)</li> </ul>  |  |  |
|                        | Writing (40 marks) (25%) 1 extended writing question (24 marks for content, 16 marks for technical accuracy)   |  |  |
|                        | Language Paper 2:  |  |  |
|                        | Reading (40 marks) (25%) – two linked texts  |  |  |



- 1 short form question (1 x 4 marks)
- 2 longer form questions (1 x 8, 1 x 12 marks)
- 1 extended question (1 x 16 marks)

#### Writing (40 marks) (25%)

• 1 extended writing question (24 marks for content, 16 marks for technical accuracy)

#### Resources to help you revise:

#### **English Literature:**

| Knowledge Organisers: |                            |  |
|-----------------------|----------------------------|--|
| Paper 1               | Macbeth                    | macbeth knowledge organiser.pdf  |
| Paper 1               | A Christmas Carol          | acc knowledge organiser.pdf  |
| Paper 2               | An Inspector Calls         | aic knowledge organiser.pdf  |
| Paper 2               | Poetry: Power and Conflict | Bayonet Charge by Ted Hughes.pdf Checking Out Me History by John Agard.pdf Exposure by Wilfred Owen.pdf Kamikaze by Beatrice Garland.pdf London By William Blake.pdf My Last Duchess by Robert Browning.pdf Ozymandias by Percy Bysshe Shelley.pdf Poppies by Jane Weir.pdf Remains by Simon Armitage.pdf Storm on the Island by Seamus Heaney.pdf The Charge of the Light Brigade by Alfred Tennyson.pdf The Emigree by Carol Rumens.pdf The Prelude Stealing the Boat by William Wordsworth.pdf Tissue by Imtiaz Dharker.pdf War Photographer by Carol Ann Duffy.pdf |



#### Additional literature video resources:

| An Inspector Calls   | Power and Conflict Poetry   |
|--|---|
| The Inspector (Part 1) The Inspector (Part 2) Sheila and Eric (Part 1) Sheila and Eric (Part 2) Mr Birling Mrs Birling Responsibility (Part 1) Responsibility (Part 2) The Generational Divide (Part 1) The Generational Divide (Part 2) Challenging Class and Gender (Part 1) Challenging Class and Gender (Part 2) | London (Part 1) London (Part 2) Ozymandias (Part 1) Ozymandias (Part 2) My Last Duchess (Part 1) My Last Duchess (Part 2) Charge of the Light Brigade (Part 1) Charge of the Light Brigade (Part 2) Exposure (Part 1) Exposure (Part 2) Poppies (Part 1) Poppies (Part 1) Tissue (Part 2) Tissue (Part 2) The Emigree (Part 1) The Emigree (Part 2) |
|  |   |
|  |   |
|  |   |
| <u> </u>   |   |
|  | -   |
| (Part 2)   |   |
|  |   |
|  |   |
|  | Checking Out Me History (Part  1)   |
|  | _'  |
|  | Checking Out Me History (Part 2)  |
|  | =1  |
|  |   |

#### **English Literature and Language:**

Online Revision Sites:

| Mr Bruff                             | Physics and Maths Tutor   |
|--------------------------------------|---|
| https://www.youtube.com/user/mrbruff | https://www.physicsandmathstutor.com/english-<br>revision/gcse-aqa/ |

| Course                 | Eduqas Fo   | ood Preparation and Nut  | rition  |  |  |  |  |  |
|------------------------|---|--|---|--|--|--|--|--|
| Exam Length            | Written e   | Written exam: 1 hour 45 minutes  |   |  |  |  |  |  |
|                        | Practical e   | exam <b>21</b> st <b>FEBRUARY 20</b> 2   | 24: Total 12 hours (including one   |  |  |  |  |  |
|                        | day practical session)  |  |   |  |  |  |  |  |
| <b>Examination and</b> | Compone   | nt 1: Principles of Food   | Preparation & Nutrition   |  |  |  |  |  |
| content:               | Written e   | xamination: 1 hour 45 m  | inutes  |  |  |  |  |  |
|                        | 50% of qu   | alification  |   |  |  |  |  |  |
|                        | Compone   | nt 2: Food Preparation a   | and Nutrition in Action   |  |  |  |  |  |
|                        | (Assessme   | ent 1: 8 hours already CC  | OMPLETED)   |  |  |  |  |  |
|                        |   |  | essment 2: (12 hours total  |  |  |  |  |  |
|                        | including   | research and preparation   | n) <u>Practical exam February 2024</u>  |  |  |  |  |  |
|                        | 50% of qu   | alification  |   |  |  |  |  |  |
| Resources to help      |   |  | + NUTRITION YEAR 11   |  |  |  |  |  |
|                        | Week  | Pacing Pla   | In/Checklist  EVIDENCE/details  |  |  |  |  |  |
| you revise:            | 1st Jan   | Research   | Photos and written work on document   |  |  |  |  |  |
|                        | 8 <sup>th</sup> Jan   | Research Research + Trial 5  | Photos and written work on document  Photos and written work on document  |  |  |  |  |  |
|                        | 15 <sup>th</sup> Jan<br>22 <sup>nd</sup> Jan  | Research + Trial 6   | Photos and written work on document   |  |  |  |  |  |
|                        | 29 <sup>th</sup> Jan  | Selection of Final 3 dishes  | Recipes and plan to be clear in document  |  |  |  |  |  |
|                        | 5 <sup>th</sup> Feb   | TIME PLAN  | Recipes and plan to be clear in accoment  |  |  |  |  |  |
|                        |   | Half term  |   |  |  |  |  |  |
|                        | 21st Feb  | GCSE NEA 2   | PRACTICAL EXAM  |  |  |  |  |  |
|                        | 26 <sup>th</sup> Feb  | Evaluation for NEA 2   |   |  |  |  |  |  |
|                        | 4 <sup>th</sup> Mar   | Written Exam Revision Class RAG evaluation points for teaching                         |   |  |  |  |  |  |
|                        | 11 <sup>th</sup> Mar  | Written Exam Revision 1. Food commodities 2. Principles of nutrition                   | Food groups  Macronutrients and micronutrients  |  |  |  |  |  |
|                        | 18 <sup>th</sup> Mar  | Written Exam Revision  | Energy requirements of individuals  |  |  |  |  |  |
|                        |   | Diet and good health     The science of food   | Plan balanced diets Calculating energy and nutritional values of recipes, meals and diets The effect of cooking on food Food spoilage |  |  |  |  |  |
|                        | 25 <sup>th</sup> Mar  | Written Exam Revision 5. Where food comes from 6. Cooking and food preparation         | Food provenance Food manufacturing Factors affecting food choice Preparation and cooking techniques Developing recipes and meals      |  |  |  |  |  |
|                        | 15 <sup>th</sup> Apr  | Written Exam Revision Class RAG evaluation points for teaching and past exam questions |   |  |  |  |  |  |
|                        | 22 <sup>nd</sup> Apr  | Written Exam Revision Class RAG evaluation points for teaching and past exam questions |   |  |  |  |  |  |
|                        | Written Exam Revision  Class RAG evaluation points for teaching and past exam questions |  |   |  |  |  |  |  |
|                        |   | External W   | ritten Exam date TBC  |  |  |  |  |  |
|                        | SENECA R  | EVISION  |   |  |  |  |  |  |
|                        | BBC Bites   | ize FOOD   |   |  |  |  |  |  |
|                        | GCSE FP&  | N Exam Preparation Pac   | ing Plan  |  |  |  |  |  |
|                        |   | d Knowledge Organisers   |   |  |  |  |  |  |

**GCSE Food Knowledge Organisers** 



| Course          | AQA GCSE                        | French  |  |  |  |
|-----------------|---------------------------------|---|--|--|--|
| Examination and |                                 | Foundation Tier   | Higher Tier  |  |  |
| content:        | Listening<br>25%                | Section A: Questions and answers in English. Section B: Questions and   | Section A: Questions and answers in English. Section B: Questions and  |  |  |
|                 | Speaking<br>25%                 | <ol> <li>Role Play Card</li> <li>Photo Card</li> <li>General</li> <li>Conversation</li> </ol>   | <ol> <li>Role Play Card</li> <li>Photo Card</li> <li>General</li> <li>Conversation</li> </ol>                  |  |  |
|                 | Reading<br>25%                  | Section A: Questions and answers in English Section B: Questions and answers in French  | Section A: Questions and answers in English Section B: Questions and answers in French                         |  |  |
|                 | Writing<br>25%                  | <ol> <li>Photo Card</li> <li>40 words</li> <li>Translation into</li> <li>French</li> <li>90 words</li> </ol>  | <ol> <li>90 words</li> <li>150 words</li> <li>Translation into</li> <li>French</li> </ol>                      |  |  |
|                 | Paper 1 - Listening             |   |  |  |  |
|                 | pa<br>-<br>-<br>-<br>• En<br>re | per.  For each question note when English or French.  Check the instructions e.g., from a list/writing answer required.  Note any useful vocab /tra                     | question – you will hear eac   |  |  |
|                 | Paper 2 – S                     | Speaking  |  |  |  |
|                 | pla<br>wr                       | ite notes on the paper provise section of the exam. Use your time wisely, we refore role-play and 6 mins for the check and collate your the On your notes paper divides | repare in this time – you can ided and use your notes for recommend 4 mins for the se photocard with 2 mins to |  |  |

- For the role-play write the numbers 1-5 in the margin — also indicate which one is the unseen/mystery question



- and which one you need to formulate a question for the role-play keep your responses simple
- For the photo card you have your 3 set questions and 2 further unseen questions make these answers as detailed as possible (you will have max 2mins(f)/3mins(h) for all 5 questions) start with the photo and try to include at least 4 things PALM is a good checklist (People/Action/Location/Mood(weather))
- The exam is 8-10mins (f) or 10-12 mins (h)
- Role-Play
  - You can read from your notes keep it simple there is no time limit on this section.
- Photo card
  - You can read from your notes make your answers as detailed as possible but remember there is a maximum time limit - 2mins(f) /3mins(h)
- General Conversation

This is in two parts a) questions on the theme you have chosen in advance and b) questions on a second theme chosen on the day by the exam board.

The questions are based on your Speaking booklets. You need to answer in full sentences and extend your answers where possible giving a focus on using the past/present/future tenses and opinions with reasons.

Remember you must ask the examiner a question during this section – keep the questions short and simple.

This section in timed 3-5mins(f)/5-7mins(h)

#### Paper 3 - Reading

- Use a few minutes to carefully read though the paper.
  - For each question note whether you need to answer in English or French.
  - Check the instructions e.g. is it multiple choice/select from a list/writing answers/a specific amount of detail required.
  - Note any useful vocab /translations.
- Before you start read the translation task (you may pick up tips or think of the answers as you are completing the paper
- Ensure that you answer every question.
- Ensure that you answer in the correct language.
- Ensure you leave enough time for the translation which is the last question and is worth 9 marks – complete as much as possible as it is split into chunks for marking.



#### Paper 4 – Writing

#### **FOUNDATION**

- Question 1 photo
   Write 4 'il y a' sentences about the photo remember to keep it simple.
- Question 2 40 words
   Write about 4 bullet points ensure you include all bullet points and a variety of opinions for each bullet point give an opinion with a reason you only need to write in the present tense (you can use other tenses if appropriate to the question)
- Question 3 translation
   Read the translation carefully this is both marked in chunks and also overall.
- Question 4 90 words you have a choice of two ensure you include all bullet points, a variety of opinions and three tenses. This is also your opportunity to use sophisticated language/super structures where they are relevant. PROF-CAT is a good checklist (Past/Reasons/Opinions/Future-Connectives/Adjectives/Time phrases)

#### **HIGHER**

- Question 1 90 words you have a choice of two ensure you include all bullet points, a variety of opinions and three tenses. This is also your opportunity to use sophisticated language/super structures where they are relevant.
   PROF-CAT is a good checklist
   (Past/Reasons/Opinions/Future-Connectives/Adjectives/Time phrases)
- Question 2 150 words you have a choice of two there are only 2 bullet points so ensure you answer both in detail split each bullet point into 2-4 mini sections. It is expected that you include sophisticated language/super structures but keep it relevant. Ensure you stick to the question. PROF-CAT is a good checklist (Past/Reasons/Opinions/Future-Connectives/Adjectives/Time phrases)
- Question 3 translation
   Read the translation carefully this is both marked in chunks
   and also overall.

## Resources to help you revise:

- 1. Language Nut\* www.languagenut.com
- 2. Exampro\*
- \*Please see Satchel One for the weekly Language Nut and/or Exampro links



3. Speaking booklet

Blank copies of the speaking booklets can be found here:

Theme 1 Speaking booklet.docx (sharepoint.com)

Theme 2 Speaking booklet.docx (sharepoint.com)

Theme 3 Speaking booklet.docx (sharepoint.com)

4. Knowledge Organiser & workbook

|                 | Revisi   | ion Schedule                |            |  |  |
|-----------------|--|-----------------------------|------------|--|--|
| Department      |  | French                      |            |  |  |
| Week 1          |  |                             |            |  |  |
|                 | e Satchel One for work set or                                |                             |            |  |  |
|                 | Satchel One for work set or                                  | n Exampro                   |            |  |  |
| Focus           | Method   | Resource                    | Time       |  |  |
| Theme 1         | Language Nut   | Booklet 1 – Topic 1 Ensure  | 60 minutes |  |  |
| Topic 1         | Exampro  | all opinion / past / future |            |  |  |
| Module 1        | Speaking Booklet   | Qs are developed.           |            |  |  |
| Self and Family | Knowledge Organiser & workbook                               | KO pp8-12 WB pp17-28        |            |  |  |
|                 | e Satchel One for work set or<br>Satchel One for work set or |                             |            |  |  |
| Focus           | Method   | Resource                    | Time       |  |  |
| Theme 1         | Language Nut   | Booklet 1 – Topic 1 –       | 60 minutes |  |  |
| Topic 2         | Exampro  | Ensure all opinion /past    |            |  |  |
| Module 2        | Speaking Booklet   | /future Qs are developed.   |            |  |  |
| Free time and   | Knowledge Organiser &  | KO pp13-21 WB pp29-52       |            |  |  |
| technology      | workbook   |                             |            |  |  |
| Week 3          |  |                             |            |  |  |
|                 | e Satchel One for work set or                                |                             |            |  |  |
| 2. Please see   | Satchel One for work set or                                  | n Exampro                   |            |  |  |
| Focus           | Method   | Resource                    | Time       |  |  |
| Theme 2 Topic 1 | Language Nut   | Booklet 2 – Topic 1 –       | 60 minutes |  |  |
| Module 4        | Exampro  | Ensure all opinion /past    |            |  |  |
| Town & local    | Speaking Booklet   | /future Qs are developed.   |            |  |  |
| area            | Knowledge Organiser & workbook                               | KO pp25-31 WB 31-78         |            |  |  |



#### Week 4

- 1. Please see Satchel One for work set on www.languagenut.com
- 2. Please see Satchel One for work set on Exampro

| 2. 1 lease see  | 2. Theuse see suttiner one for work set on Example |                           |            |  |  |  |  |  |
|-----------------|--|---------------------------|------------|--|--|--|--|--|
| Focus           | Method   | Resource                  | Time       |  |  |  |  |  |
| Theme 2 Topic 2 | Language Nut                                       | Booklet 2 – Topic 2 –     | 60 minutes |  |  |  |  |  |
| Module 5        | Exampro  | Ensure all opinion /past  |            |  |  |  |  |  |
| holidays        | Speaking Booklet                                   | /future Qs are developed. |            |  |  |  |  |  |
|                 | Knowledge Organiser &                              | KO pp39-43 WB pp97-       |            |  |  |  |  |  |
|                 | workbook   | 108                       |            |  |  |  |  |  |
|                 |  |                           |            |  |  |  |  |  |
|                 |  |                           |            |  |  |  |  |  |

#### Week 5

- 1. Please see Satchel One for work set on <a href="www.languagenut.com">www.languagenut.com</a>
- 2. Please see Satchel One for work set on Exampro

| Focus           | Method                | Resource                  | Time       |
|-----------------|-----------------------|---------------------------|------------|
| Theme 3 Topic 1 | Language Nut          | Booklet 3 – Topic 1 –     | 60 minutes |
| Module 6        | Exampro               | Ensure all opinion /past  |            |
| School &        | Speaking Booklet      | /future Qs are developed. |            |
| education       | Knowledge Organiser & | KO pp44-47 WB pp109-      |            |
|                 | workbook              | 116                       |            |

#### Week 6

- 1. Please see Satchel One for work set on www.languagenut.com
- 2. Please see Satchel One for work set on Exampro

| Focus            | Method Resource       |                           | Time       |  |  |  |  |
|------------------|-----------------------|---------------------------|------------|--|--|--|--|
| Speaking/writing | Language Nut          | To be set by your teacher | 60 minutes |  |  |  |  |
| Focus            | Exampro               |                           |            |  |  |  |  |
| Theme 1, 2 & 3   | Speaking Booklet      |                           |            |  |  |  |  |
|                  | Knowledge Organiser & |                           |            |  |  |  |  |
|                  | workbook              |                           |            |  |  |  |  |

#### Week 7

- 1. Please see Satchel One for work set on <a href="www.languagenut.com">www.languagenut.com</a>
- 2. Please see Satchel One for work set on Exampro

| Focus           | Method                | Resource                  | Time       |
|-----------------|-----------------------|---------------------------|------------|
| Theme 3 Topic 2 | Language Nut          | 3Booklet 3 – Topic 2 –    | 60 minutes |
| Module 7        | Exampro               | Ensure all opinion /past  |            |
| Post 16         | Speaking Booklet      | /future Qs are developed. |            |
| education &     | Knowledge Organiser & | KO pp48-49 WB pp117-      |            |
| employment      | workbook              | 122                       |            |

#### Week 8

- 1. Please see Satchel One for work set on www.languagenut.com
- 2. Please see Satchel One for work set on Exampro

| Focus           | Method           | Resource                  | Time       |
|-----------------|------------------|---------------------------|------------|
| Theme 2 Topic 3 | Language Nut     | 3Booklet 2 – Topic 3 –    | 60 minutes |
| Module 7        | Exampro          | Ensure all opinion /past  |            |
| Social issues & | Speaking Booklet | /future Qs are developed. |            |
| environment     |                  |                           |            |



|                  | Knowledge Organiser &         | 4KO pp32-38 WB pp79-         |            |
|------------------|-------------------------------|------------------------------|------------|
|                  | workbook                      | 96                           |            |
| Week 9           |                               |                              |            |
| 1. Please see    | e Satchel One for work set or | n <u>www.languagenut.com</u> |            |
| 2. Please see    | e Satchel One for work set or | n Exampro                    |            |
| Focus            | Method                        | Resource                     | Time       |
| Theme 1 Topic 3  | Language Nut                  | Booklet 1 – Topic 3 –        | 60 minutes |
| Module 3         | Exampro                       | Ensure all opinion /past     |            |
| Festivals &      | Speaking Booklet              | /future Qs are developed.    |            |
| celebrations     | Knowledge Organiser &         | KO pp22-24 WB pp53-60        |            |
|                  | workbook                      |                              |            |
| Week 10          |                               |                              |            |
| 1. Please see    | e Satchel One for work set or | n <u>www.languagenut.com</u> |            |
| 2. Please see    | e Satchel One for work set or | n Exampro                    |            |
| Focus            | Method                        | Resource                     | Time       |
| Speaking/writing | Language Nut                  | To be set by your teacher    | 60 minutes |
| Focus            | Exampro                       |                              |            |
| Theme 1, 2 & 3   | Speaking Booklet              |                              |            |
|                  | Knowledge Organiser &         |                              |            |
|                  | workbook                      |                              |            |

Blank copies of the speaking booklets can be found here:

Theme 1 Speaking booklet.docx (sharepoint.com)

Theme 2 Speaking booklet.docx (sharepoint.com)

Theme 3 Speaking booklet.docx (sharepoint.com)



| Course                        | AQA GCSE Geography   |  |  |  |  |
|-------------------------------|--|--|--|--|--|
| Exam Length                   | Paper 1 -1 hr 30 mins Paper 2/3 1 Hour 30 mins Equipment reminder: Always have a pencil, ruler, and calculator alongside your normal equipment in your geography exam.   |  |  |  |  |
| Examination and content:      | Paper 1 Challenge of natural hazards   |  |  |  |  |
| Resources to help you revise: | Human Fieldwork  • Practicing fieldwork at Eastbourne Beach  Recommended Revision Guide: CGP GCSE AQA Geography (9-1) NEW Revision  Guide: Amazon Link   |  |  |  |  |
|                               | Past Papers: AQA Link  Resources to help revision:  AQA Geography Seneca Course: Free Homework & Revision for A Level, GCSE, KS3 & KS2 (senecalearning.com)  Recommended Revision Guide: CGP GCSE AQA Geography (9-1) NEW Revision Guide: Amazon Link  Past Papers: AQA Link  United Learning Curriculum platform: |  |  |  |  |



Paper 1: Knowledge Organiser (Year 10)

Paper 2: Knowledge Organiser (Year 11)

Paper 3: Fieldwork Revision Booklet

Please note that not all modules are being tested in the PPE, as we still have some of the course content left to cover. When completing past papers please be mindful of this so you are only completing sections which are in the PPE.

Please see below for the PPE content. Topics, case studies and examples

#### Paper 1:

#### Natural Hazards (CFP 1-11)

- Tectonic Hazards
- Plate boundaries
- · Case study Haiti and New Zealand
- Effects and Responses
- Tropical Storms (CGP 12-27)
- Case study Typhoon Haiyan
- Extreme weather in the UK

#### Climate Change (CGP 28-36)

- Evidence
- Global effects
- Mitigation
- Adaptation

#### Living with the physical environment.

Section C: Physical landscapes in the UK

• UK Landscape UL Lesson 1

#### Coasts (CGP 78-85)

- Coastal processes
- Coastal landforms
- Identifying landforms Example Coastal landscape Dorset Coastline
- Coastal Management Example Coastal management Eastbourne

#### Rivers (CGP 86-100)

- River landforms Deposition
- Identifying river landforms
- Example: River landscape River TEEs
- River discharge and flooding
- River management
- Flood management

#### Paper 2

#### 2.1 Section A Urban Issues and Challenges (CGP 110-119)

- NEE City Case Study Growth. Opportunities and challenges (social, economic environmental) management – Rio (Brazil) opportunities and challenges
- Example of how Urban Planning has improved Favelas Bairro Improvement project.
- UK City Case Study. Location, character, opportunities and challenges
   Bristol UK
- Example of regeneration in the UK Temple Quarter Bristol
- Example of sustainable urban living Friedberg Germany
- Traffic management case study Bristol



#### 2.2 Section B: The Changing Economic World

- Example of how Tourism has reduced the development gap Kenya.
- NEE Cast Study India
- UK Case Study North South Divide
- Example of sustainable industry Unilever

#### Paper 3: Fieldwork

Based on the physical and human aspects of Year 10 fieldwork enquiry in Eastbourne (CGP 191)

All KS4 Geography lessons can be found on the curriculum website: Curriculum - Curriculum (unitedlearning.org.uk)

**Skills:** There will also be a range of skills questions on the paper. The skills could be based on:

- Map skills Grid references, scale, relief, describing maps, identifying features on maps.
- Graphs Describing, constructing and analyzing graphs.
- Numerical skills correlation, frequency, ratio, magnitude, area
- Statistical skills mean, mode, median, range, % increase/decrease.

| Course                        | History Pearson Edexcel  |
|-------------------------------|--|
| Examination and content:      | Medicine Through Time 30% of GCSE Cold War 20% of GCSE Elizabethan England 20% of GCSE Weimar and Nazi Germany 30% of GCSE   |
| Resources to help you revise: | Recommended Study Guide: GCP History 9-1 Free to all pupils. If you require a copy – please see your History teacher.  For Exam board information, click here: <a href="https://qualifications.pearson.com/en/home.html">https://qualifications.pearson.com/en/home.html</a> |

# **PAPERS**

#### For specific revision on each paper. Please see below:

- Core Medicine Knowledge (Seneca): https://senecalearning.com/en-
- Knowledge checklists: Knowledge Checklists
- Medicine Knowledge Organizer and Revision mats Revision Mats and **Knowledge Organisers**
- Historical Scholarship Quizzes (MS Forms):
- Lessons (For those who have missed any): Medicine lessons
- Paper One Exam Tips: Exam Tips
- For practice exam questions: Medicine Practice Papers
- Your teacher will mark these and provide feedback.



- Core Cold War Knowledge (Seneca): https://senecalearning.com/en-
- Knowledge checklists: Knowledge Checklists
- Cold War Knowledge organizer and Revision mats: Revision Mats and
- Historical Scholarship Quizzes (MS Forms):
- Lessons (For those who have missed any): Cold War lessons
- Paper Two Cold War Exam Tips: Exam Tips
- For practice exam questions: Cold War Practice Papers



- Core Elizabeth Knowledge (Seneca): https://senecalearning.com/en-
- Knowledge checklists: Knowledge Checklists
- Elizabeth Knowledge Organizer and Revision mats
- Historical Scholarship Quizzes (MS Forms):
- Lessons (For those who have missed any): Elizabeth lessons
- Paper Two Elizabeth Exam Tips: Exam Tips
- For practice exam questions: Elizabeth Practice Papers



- Core Weimar and Nazi Germany Knowledge (Seneca): https://senecalearning.com/en-GB/
- Knowledge checklists: Knowledge Checklists
- Weimar and Nazi Germany Knowledge Organizer and Revision mats: Weimar and Nazi KO
- Historical Scholarship Quizzes (MS Forms):
- Lessons (For those who have missed any) Paper 3 Lessons
- Paper Three Exam Tips: Exam Tips
- For practice exam questions: Weimar and Nazi Germany Practice **Papers**

**Top Tips:** 



**RAG** your checklist anything red will be priority revision.

Use the Knowledge organizer to help you complete vour revision mat.

Create your own Flashcards: **Question or Dual** Coding one side, answer on the other side.

If using the GCP study guide read the information first. then complete the questions at the bottom of the page.



The tracker below shows the programme of study over the next term in class and what we are focusing on for homework to best prepare you for the March PPE's.

Period 6 is continuing with a focus on Renaissance, Industrial and present-day medicine.

|   | Christmas Holidays |   |                                       |                     |                       |  |                     |                   |   |                            |
|---|--------------------|---|---------------------------------------|---------------------|-----------------------|--|---------------------|-------------------|---|----------------------------|
| Т | Week Commencing    |   | Lesson 1                              | Cross<br>Curricular | Skill                 | Lesson 2   | Cross<br>Curricular | Skill             | H/W focus                                       | Marking                    |
| e |                    |   |                                       |                     | Source                |  |                     |                   | Historical Scholarship Weimar                   |                            |
| m | 01 - 5 Jan A Week  | 1 | What was Hitlers ideology?            |                     | inference             |  |                     |                   | Republic (Forms)                                |                            |
| 3 | 8 - 12 Jan B Week  | 2 | What led to the Munich Putsch?        |                     | Causation/<br>Utility | What was the Nazi strategy in the lean years<br>1924 - 1928? |                     | Source<br>Utility | Environmental Study Western<br>Front Flashcards |                            |
|   |                    |   | Why was 1929 a turning point for Nazi |                     | Source                |  |                     |                   | Environmental Study Western                     |                            |
| Υ | 15 - 20 Jan A Week | 3 | Success?                              |                     | Utility               |  |                     |                   | Front Revision Mat                              |                            |
| е |                    |   | 1932 lead to Hitler becoming          |                     | Source                |  |                     |                   | Industrial Medicine Historical                  | 1st Whole class booklook   |
| а | 22 - 26 Jan B Week | 4 | Chancellor?                           |                     | Utility               |  |                     |                   | Scholarship Forms                               | 13t Whole class booklook   |
| r |                    |   | Exploring Enquiry Two                 |                     | Causation /           |  |                     |                   | Cuban Missile Crisis Historical                 |                            |
|   | 29 - 2 Feb A Week  | 5 | Exploring Enquity 140                 |                     | Explain               |  |                     |                   | Scholarship (Forms)                             |                            |
| 1 |                    |   |                                       |                     | Source                |  |                     | Interpreta        | Medicine Core Knowledge                         |                            |
| 1 | 5 - 9 Feb B Week   | 6 | How did the Nazis remove opposition?  |                     | Utility               | How did Hitler consoldate his power?                         |                     | tion              | Seneca  |                            |
|   |                    |   | How did the Nazis create a police     |                     | How far do            | How did Hilter deal with the church?                         |                     | do you            |   | 2nd Whole class booklook   |
|   | 12 - 16 Feb A Week | 7 | state?                                |                     | you agree?            | non dia finter deal with the thatth:                         |                     | uo you            |   | Zilu Wilole Class Dooklook |

### Course and Exam Length

Exam Board: EdExcel

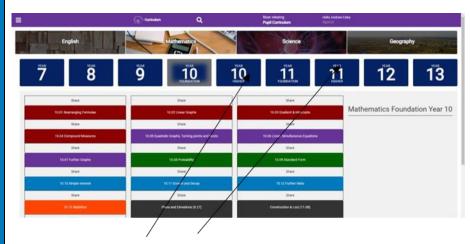
Paper 1: Non-Calculator - 1 hour 30 mins

Paper 2: Calculator - 1 hour 30 mins

Paper 3: Calculator - 1 hour 30 mins

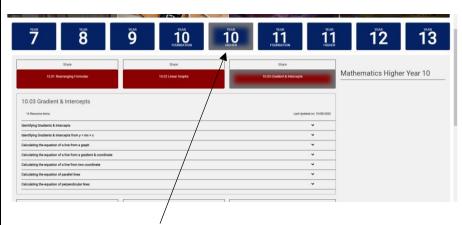
## Resources to help you revise:

United Learning Resources: <a href="https://curriculum.unitedlearning.org.uk/">https://curriculum.unitedlearning.org.uk/</a>



Use the Year 10 and 11 lessons to help with revision. The link above takes you to the UL Pupil page shown.

Each topic then has multiple video lessons included as shown below.



Click on the title to open the list of lessons.

#### Links for further resources:

#### Spark -

Log in and use your account as normal.

Use the links below to see the clip numbers by topic.

Sparx GCSE revision foundation

Spark GCSE Revision Crossover

Sparx GCSE Revision Higher



|               | Corbettmaths Great selection of questions organised by topic. All have answers on the site.          |
|---------------|--|
|               | Khan Academy: Maths lessons and practice   |
|               | Pearson Revise Person revision online – access to revision guides and identification of "hot topics" |
|               | Practice Papers Onmaths  |
|               | Maths genie (also has video solutions)   |
| Intervention: | After school: Monday Period 6, Tuesday and Thursday catch up.  |
|               | Tutor time: targeted exam technique  |
|               | Friday period 5 exam papers every other week.  |

Remember the key to Maths revision is **practicing questions.** 



| Maths Foundation Revision Schedule |  |   |        |
|------------------------------------|--|---|--------|
| <b>Department</b>                  | Maths  |   |        |
| Topic 1                            |  |   |        |
| Focus                              | Method   | Resource  | Time   |
| Solving Linear Equations           | Watch modelling videos and complete practice questions | SPARX Code<br>U755, U325, U870, U505,<br>U599/Corbett Maths | 30mins |
| Topic 2                            |  |   |        |
| Focus                              | Method   | Resource  | Time   |
| Rearranging Formulae               | Watch modelling videos and complete practice questions | SPARX Code<br>U556/Corbett Maths                            | 30mins |
| Topic 3                            |  |   |        |
| Focus                              | Method   | Resource  | Time   |
| Factors and Multiples              | Watch modelling videos and complete practice questions | SPARX Code U211, U751,<br>U529<br>/Corbett Maths            | 30mins |
| Topic 4                            |  |   |        |
| Focus                              | Method   | Resource  | Time   |
| Product of Prime<br>Factors        | Watch modelling videos and complete practice questions | SPARX Code U211, U751,<br>U529<br>/Corbett Maths            | 30mins |
| Topic 5                            |  |   | •      |
| Focus                              | Method   | Resource  | Time   |
| Standard Form                      | Watch modelling videos and complete practice questions | SPARX Code U330, U534<br>U264, U290, U161<br>/Corbett Maths | 30mins |
| Topic 6                            |  |   |        |
| Focus                              | Method   | Resource  | Time   |
| Ratio (simplifying and sharing)    | Watch modelling videos and complete practice questions | SPARX Code U687<br>U753, U577<br>/Corbett Maths             | 30mins |
| Topic 7                            |  |   |        |
| Focus                              | Method   | Resource  | Time   |
| Averages (Mean,<br>Median, Mode)   | Watch modelling videos and complete practice questions | SPARX Code U260<br>U291,U456,U526<br>/Corbett Maths         | 30mins |
| Topic 8                            |  |   |        |



| Focus                   | Method                 | Resource              | Time   |
|-------------------------|------------------------|-----------------------|--------|
| Fractions (four         | Watch modelling videos | SPARX Code U736, U793 | 30mins |
| operations)             | and complete practice  | U475, U544            |        |
|                         | questions              | /Corbett Maths        |        |
| Topic 9                 |                        |                       |        |
| Focus                   | Method                 | Resource              | Time   |
| Factorising Expressions | Watch modelling videos | SPARX Code U365       | 30mins |
|                         | and complete practice  | /Corbett Maths        |        |
|                         | questions              |                       |        |
| Topic 10                |                        |                       |        |
| Focus                   | Method                 | Resource              | Time   |
| Percentages (finding %  | Watch modelling videos | SPARX Code U554, U349 | 30mins |
| of an amount)           | and complete practice  | /Corbett Maths        |        |
|                         | questions              |                       |        |

| Maths Higher Revision Schedule |   |  |        |
|--------------------------------|---|--|--------|
|                                |   |  |        |
| Department                     | Maths   |  |        |
| Topic 1                        |   |  |        |
| Focus                          | Method  | Resource   | Time   |
| Straight Line Graphs           | Watch modelling videos  and complete practice questions | SPARX Code U898/Corbett<br>Maths   | 30mins |
| Topic 2                        |   |  |        |
| Focus                          | Method  | Resource   | Time   |
| Rearranging Formulae           | Watch modelling videos  and complete practice questions | SPARX Code U556/Corbett<br>Maths   | 30mins |
| Topic 3                        | 1.  |  |        |
| Focus                          | Method  | Resource   | Time   |
| Simultaneous Equations         | Watch modelling videos  and complete practice questions | SPARX Code U760, U757,<br>U836, U137 /Corbett<br>Maths                   | 30mins |
| Topic 4                        | <u> </u>  |  |        |
| Focus                          | Method  | Resource   | Time   |
| Probability                    | Watch modelling videos and complete practice questions  | SPARX CodeU369<br>U246, U821, U806<br>U476, U748, U699 /Corbett<br>Maths | 30mins |
| Topic 5                        | •   |  |        |



| Focus                            | Method   | Resource   | Time   |
|----------------------------------|--|--|--------|
| Index Laws                       | Watch modelling videos and complete practice questions       | SPARX Code U662 /Corbett<br>Maths                                  | 30mins |
| Topic 6                          |  |  |        |
| Focus                            | Method   | Resource   | Time   |
| Standard Form                    | Watch modelling videos and complete practice questions       | SPARX Code U330, U534,<br>U264, U290 /Corbett<br>Maths             | 30mins |
| Topic 7                          |  |  |        |
| Focus                            | Method   | Resource   | Time   |
| Ratio                            | Watch modelling videos  and complete practice questions      | SPARX Code U687, U753,<br>U176, U577, U921, U865<br>/Corbett Maths | 30mins |
| Topic 8                          |  |  |        |
| Focus                            | Method   | Resource   | Time   |
| Averages (Mean,<br>Median, Mode) | Watch modelling videos and complete practice questions       | SPARX Code U408, U510,<br>U683, U580 /Corbett<br>Maths             | 30mins |
| Topic 9                          |  |  |        |
| Focus                            | Method   | Resource   | Time   |
| Expanding and Factorising        | Watch modelling videos and complete practice questions       | SPARX Code U606<br>U858/Corbett Maths                              | 30mins |
| Topic 10                         |  |  |        |
| Focus                            | Method   | Resource   | Time   |
| Pythagoras                       | Watch modelling videos<br>and complete practice<br>questions | SPARX Code U385 /Corbett<br>Maths                                  | 30mins |



| EDUQAS PERFORMING ARTS LEVEL 1 / 2 AWARD   |
|--|
| Controlled Assessment: 20 hours  |
| These will take place on specific dates in the coming 2 terms. Excellent attendance is essential.  |
| 40% of qualification 80 marks Externally set and assessed. The submission date for all controlled assessment work is Friday 26 <sup>th</sup> April.  |
| Your brief set by the exam board:  |
| PERFORMANCE COMMISSIONS 2024   |
| The Festival of the World is being held this year to celebrate World Earth Day and will fall on 22 <sup>nd</sup> April.  We strongly believe that theatre, music and dance can be powerful tools to celebrate the world and therefore want to commission pieces that challenge, inspire and celebrate the way people feel about their world.  The Festival of the World is looking to commission new original pieces of work in line with the theme of the festival. We are interested in work that is informative, inventive and challenging. The commissioned performances should be 30–60 minutes in length.  Exclusions:  • shows that have already been toured. • shows that will be under 30 minutes in length. • shows that rely heavily on existing work.  Winning commissions receive: • funding for their project • video and photography of the final project |
| <ul> <li>marketing and promotional support.</li> <li>In order to apply for funding for your event you will need to submit a creative proposal. The aim of the creative proposal is to explain what you want to accomplish, by breaking down the things you need to achieve, your main goal and the theme of the festival.</li> <li>You will need to provide information on the following areas:         <ul> <li>research you have undertaken to inform your proposal.</li> <li>the proposal itself which outlines how your idea will celebrate the world.</li> <li>some practical examples to illustrate aspects of your</li> </ul> </li> </ul>   |
|  |



• what staffing/resources you will require to run your event

how you will promote your event

We will review all submitted proposals to decide which projects will be awarded funding for this year.

#### Tasks:

1. Outline the factors that have influenced the creation of your proposed performance work. **10 marks** 

2. Produce your plans and ideas for your proposed event. 10 marks

**3.** Outline the timeline, personnel and resources required for the implementation of your creative proposal. **5 marks** 

4. Outline how you could use marketing and public relations to promote your event. **5 marks** 

5. Produce practical examples from your proposed event. **15** marks

6. Produce and pitch your creative proposal, including your practical examples, to an audience and gain feedback. **10** marks Evaluate the success of your creative proposal.

 Discuss what you have learnt from undertaking this work and how it will inform your future planning of events. 20 marks

You need to research, provide evidence and understanding of the following in the above tasks:

• Job roles in performing arts.

Named practitioners who work in different fields.

 Named organisations which create commission performing arts work – such as the arts councils, dance and theatre groups etc.

Performance spaces and venues

• Different types of target audience

• The process of putting on an event, including planning, resources, timelines, what is actually viable.

Budgeting

Promotion, advertising, and marketing, including social media

## Resources to help you revise:

Detailed guidance for all tasks can be found in Class Notebook on TEAMS



| Course                 | EDEXCEL Art & Design   |  |
|------------------------|--|--|
|                        | Photography  |  |
| Exam Length            | 10 hours (over two days week commencing 22 <sup>nd</sup> APRIL 2024) |  |
| <b>Examination and</b> | Externally Set Assignment  |  |
| content:               | Theme: POWER   |  |

## Resources to help you revise:

The practical exam is COMPONENT 2

The exam component on the theme POWER is worth 40% of your final GCSE grade.

Coursework from year 10 and year 11 make up the other 60%

Evidence for both components needs to meet the four assessment objectives AO1, AO2, AO3 and AO4.

| A01<br>Develop | Develop ideas through investigations,<br>demonstrating critical understanding<br>of sources.                         | ARTISTS      |
|----------------|--|--------------|
| A02<br>Refine  | Refine work by exploring ideas, selecting & experimenting with appropriate media, materials, techniques & processes. | EXPERIMENTS  |
| A03<br>Record  | Record ideas, observations & insights relevant to intentions as work progresses.                                     | DBSERVATIONS |
| A04            | Present personal & meaningful responses that realige intentions & demonstrate understanding at visual language.      | JICOMES C    |

Use the links below the checklist for the Seahaven Photography GCSE support booklet, Knowledge Organisers and other resources online that can help you.

| 2024            | GCCSE PHOTOGRAPHY Exam Pacing Plan             | HW                              |
|-----------------|--|---------------------------------|
| A Jan 4th       | Written Mindmap                                | Visual Mindmap                  |
| B Jan 8th       | Workshop 1:Projected words<br>Workshop 2:Water | Photoshoot on own direction     |
| A Jan 15th      | Workshop 3 Foreshortening, upload, edit        | Statement of Intent             |
| B Jan 22nd      | Ist Photographer study, analysis, RESPONSE     | Photoshoot from response        |
| A Jan 29th      | 2nd Photographer study and RESPONSE shoot      | Complete analysis               |
| B Feb 5th       | Manual edit of any of above                    | Photoshoot of own ideas         |
| HALF TERM       | TAKE LOTS AND LOTS of photographs              |                                 |
| A Feb 19th      | Edit and experiment. INITIAL IDEAS drawn out   | Photoshoot for final theme      |
| B Feb 26th      | Experiment and edit. MOCK WEEK                 | Complete all of above           |
| A March<br>4th  | Experiment and edit MOCK WEEK                  | Catch up                        |
| B March<br>11th | Mop up Mon Photoshoot plan and final shoots.   | Final photoshoot                |
| A March<br>18th | FINAL PLAN DRAWN OUT, composition              | Final photographer inspirations |
| B March<br>25th | Experiment and edits.                          | PHOTOGRAPHER<br>CONNECTIONS     |
| EASTER          | COMPLETE ALL WORK AND TAKE LAST SHOOTS         |                                 |
| A April<br>16th | DEADLINE: ALL WORK COMPLETE with analysis      | Evaluate project so far         |
| B April<br>22nd | EXAM WEEK 10 hours in two days                 |                                 |

BBC Bitesize Art + Design

The Arty Teacher

**United learning Continuity Oak sessions** 

Photography Portfolio Template and Pacing Plan

KS4 Photography Knowledge Orgaisers

| Course                   | NCFE VCERT Health and Fitness  |
|--------------------------|--|
| Exam Length              | Component 1: Synoptic project 22 hours plus 2 hours preparation time.  All completed in school. 88 marks (60% of final grade).  This will be internally assessed and externally moderated.  Component 2:  Exam at the end of the course 80 marks. (40% of final grade) |
| Examination and content: | The exam will be a mixture of multiple choice, short answer and long answer questions and will be externally marked out of 80. (1 hour 30 mins)  |
|                          | Content area 1: Structure and function of body systems 25  |
|                          | Content area 2: Effects of health and fitness activities on the body 5   |
|                          | Content area 3: Health and fitness and the components of fitness 10  |
|                          | Content area 4: Principles of training 10  |
|                          | Content area 5: Testing and developing components of fitness 25  |
|                          | Content area 6: Impact of lifestyle on health and fitness 10   |
|                          | Content area 7: Applying health and fitness analysis and setting goals 10  |
|                          | Content area 8: Structure of a health and fitness programme and how to prepare safely  |
| Resources to help        | NCFE Level 1/2 Technical Award in Health and Fitness (1)   NCFE  |
| you revise:              | Health and Fitness (ncfe.org.uk)   |
|                          | GCSE Physical Education - BBC Bitesize   |
|                          | Edexcel GCSE Physical Education (2016)   Pearson qualifications  |

| Course                        | AQA Religious Studies  |  |
|-------------------------------|--|--|
| Exam Length                   | 2 Papers. Each Paper is 1hr45mins  |  |
| <b>Examination and</b>        | AQA Paper 1 – The study of Religions, Beliefs, Practices.  |  |
| content:                      | Islam & Christianity   |  |
|                               | AQA Paper 2- Thematic Studies.   |  |
|                               | Theme A – Relationships and Families   |  |
|                               | Theme B – Religion and Life  |  |
|                               | Theme D- Religion, Peace and Conflict  |  |
|                               | Theme E- Religion, Crime and Punishment  |  |
| Resources to help you revise: | <ul><li>Purchase the Red CGP AQA R.S Revision book.</li><li>Senecalearning.com</li></ul>   |  |
| yourconsci                    | Find the following courses on Seneca online.   |  |
|                               | Religious Studies A: AQA GCSE Thematic Studies  Religious Studies A: AQA GCSE Thematic Studies  - Standardised Assessments                                 |  |
|                               | Religious Studies A: AQA GCSE Thematic Studies   |  |
|                               | Religious Studies A: AQA GCSE Religions  |  |
|                               | <ul> <li>AQA Islam on Bitesize</li> <li>AQA Christianity on Bitesize</li> <li>AQA Website – Past Papers</li> <li>Online R.S Quote revision pack</li> </ul> |  |

## **Revision Focus Schedule:**

| Week Commencing   | Revision Focus  |
|---|---|
| Jan 15th  | Islam – Predestination. Al Qadr.  |
| Jan 22 <sup>nd</sup>  | Islam – 6 Articles of Faith   |
| Jan 29 <sup>th</sup>  | Islam – Imamate   |
| Feb 5 <sup>th</sup>   | Christianity – Types of Worship   |
| Feb 19 <sup>th</sup>  | Christianity - Pilgrimage   |
| Feb 26 <sup>th</sup>  | Christianity – Church in the UK   |
| March 4 <sup>th</sup>   | Theme A – Gender Roles  |
|   |   |
| March 11 <sup>th</sup>  | Theme A -   |
| March 11 <sup>th</sup> March 18 <sup>th</sup>   | Theme A - Theme B - Creation. Religious and Atheist   |
|   |   |
| March 18 <sup>th</sup>  | Theme B – Creation. Religious and Atheist   |
| March 18 <sup>th</sup> March 25 <sup>th</sup>   | Theme B – Creation. Religious and Atheist<br>Theme E – Causes and Response to Crime   |
| March 18 <sup>th</sup> March 25 <sup>th</sup> April 16 <sup>th</sup>                        | Theme B – Creation. Religious and Atheist Theme E – Causes and Response to Crime Theme B – Animals and the Environment                            |
| March 18 <sup>th</sup> March 25 <sup>th</sup> April 16 <sup>th</sup> April 22 <sup>nd</sup> | Theme B – Creation. Religious and Atheist Theme E – Causes and Response to Crime Theme B – Animals and the Environment Islam – 5 Pillars of Islam |

## **Science: Science (Combined and Triple Science)**

**Subject Lead: Mrs Kelly** 

kellyc@seahavenacademy.org.uk

## Course and Exam Length

**Exam Board: AQA** 

**Biology Paper 1**: 1hr 15mins for combined; 1hr 45mins for triple (higher or foundation)

**Chemistry Paper 1**: 1hr 15mins for combined; 1hr 45mins for triple (higher or foundation)

**Physics Paper 1**: 1hr 15mins for combined; 1hr 45mins for triple (higher or foundation)

**Biology Paper 2**: 1hr 15mins for combined; 1hr 45mins for triple (higher or foundation)

**Chemistry Paper 2**: 1hr 15mins for combined; 1hr 45mins for triple (higher or foundation)

**Physics Paper 2**: 1hr 15mins for combined; 1hr 45mins for triple (higher or foundation)

# Examination and content:

All lessons are available on the link here:

Remember to change to Key Stage 4 as the default is KS3.

https://curriculum.unitedlearning.org.uk/Curriculum https://continuityoak.org.uk/lessons

### Year 10 work

#### **Biology Paper 1**

B1 – Cell biology

B2 - Organisation

B3 - Infection and response

B4 - Bioenergetics

#### **Chemistry Paper 1**

C1 – Atomic structure and the periodic table

C2 - Structure and bonding

C3 – Quantitative chemistry

C4 – Chemical changes

C5 – Energy changes

#### **Physics Paper 1**

P1 – Energy

P2 – Electricity

P3 - Particle model of matter

P4 – Atomic structure

## Year 11 work

#### **Biology Paper 2**

B5 – Homeostasis and Response

B6 – Inheritance

B7 – Ecology



|                               | Chemistry Paper 2 C6 – Rates of Reaction C7 – Organic Chemistry C8 – Chemical Analysis C9 – Chemistry of the Atmosphere C10 – Using Resources  Physics Paper 2 P5 – Forces P6 – Waves P7 – Magnetism and Electromagnetism  Triple only P8 – Space Physics  |  |
|-------------------------------|--|--|
| Resources to help you revise: | <ul> <li>Exercise books and marked exam questions.</li> <li>Revision guides</li> <li>Seneca</li> <li>Physics and Maths tutor Physics &amp; Maths Tutor (physicsandmathstutor.com)</li> <li>Practice Papers</li> <li>BBC Bitesize</li> <li>https://www.youtube.com/user/myGCSEscience</li> <li>http://www.aqa.org.uk/subjects/science/gcse</li> </ul> |  |

| Please note it is import                 | · · · · · · · · · · · · · · · · · · ·   |  |            |
|--|---|--|------------|
| Department                               | Science   |  |            |
| Week 1 – Paper 1 conte                   | nt  |  |            |
| Focus                                    | Method  | Resource   | Time       |
| Cell biology (biology)                   | Read revision<br>notes/Seneca/watch<br>revision videos and practice<br>exam questions.    | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |
| Atomic structure and ponding (chemistry) | Read revision<br>notes/Seneca/watch<br>revision videos and practice<br>exam questions.    | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |
| Week 2 – Paper 1 conte                   | nt  |  |            |
| Focus                                    | Method  | Resource   | Time       |
| Energy (physics)                         | Read revision<br>notes/Seneca/watch<br>revision videos and practice<br>exam questions.    | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |
| Organisation (biology)                   | Read revision<br>notes/Seneca/watch<br>revision videos and<br>practice exam<br>questions. | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |
| Week 3 – Paper 1 conte                   | nt  |  |            |
| Focus                                    | Method  | Resource   | Time       |
| Quantitative chemistry<br>(chemistry)    | Read revision<br>notes/Seneca/watch<br>revision videos and practice<br>exam questions.    | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |
| Electricity (physics)                    | Read revision notes/Seneca/watch revision videos and practice exam questions.             | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |



| Week 4 – Paper 1 conte                        | nt  |  |            |
|---|---|--|------------|
| Focus   | Method  | Resource   | Time       |
| Infection and response<br>(biology)           | Read revision<br>notes/Seneca/watch<br>revision videos and<br>practice exam<br>questions. | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |
| Chemical changes and energy changes (chem)    | Read revision<br>notes/Seneca/watch<br>revision videos and practice<br>exam questions.    | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |
| Week 5 – Paper 1 conte                        | nt  |  |            |
| Focus   | Method  | Resource   | Time       |
| Particle model and atomic structure (physics) | Read revision<br>notes/Seneca/watch<br>revision videos and practice<br>exam questions.    | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |
| Bioenergetics (biology)                       | Read revision<br>notes/Seneca/watch<br>revision videos and<br>practice exam<br>questions. | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |
| Week 6 – Paper 2 conte                        | nt  |  |            |
| Focus   | Method  | Resource   | Time       |
| Rates of Reaction<br>(chemistry)              | Read revision<br>notes/Seneca/watch<br>revision videos and<br>practice exam<br>questions. | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |
| Forces (physics)                              | Read revision<br>notes/Seneca/watch<br>revision videos and<br>practice exam<br>questions. | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |
| Week 7 – Paper 2 conte                        | nt  |  |            |
| Focus   | Method  | Resource   | Time       |
| Homeostasis and<br>Response (biology)         | Read revision<br>notes/Seneca/watch<br>revision videos and<br>practice exam<br>questions. | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |



| Organic Chemistry<br>(chemistry)                                  | Read revision notes/Seneca/watch revision videos and practice exam questions.             | Oak links, knowledge organisers, Seneca, UL Curriculum HUB       | 30 minutes |  |  |
|---|---|--|------------|--|--|
| Week 8 – Paper 2 conte  | nt  |  |            |  |  |
| Focus   | Method  | Resource   | Time       |  |  |
| Waves (physics)   | Read revision<br>notes/Seneca/watch<br>revision videos and<br>practice exam<br>questions. | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |  |  |
| Inheritance (biology)   | Read revision notes/Seneca/watch revision videos and practice exam questions.             | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |  |  |
| Week 9 – Paper 2 conte  | nt  |  | 1          |  |  |
| Focus   | Method  | Resource   | Time       |  |  |
| Chemical Analysis<br>(chemistry)                                  | Read revision notes/Seneca/watch revision videos and practice exam questions.             | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |  |  |
| Magnetism and<br>Electromagnetism<br>(physics)                    | Read revision<br>notes/Seneca/watch<br>revision videos and<br>practice exam<br>questions. | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |  |  |
| Week 10 – Paper 2 conto   | Week 10 – Paper 2 content   |  |            |  |  |
| Focus   | Method  | Resource   | Time       |  |  |
| Ecology (biology)   | Read revision<br>notes/Seneca/watch<br>revision videos and<br>practice exam<br>questions. | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |  |  |
| Chemistry of the<br>Atmosphere and Using<br>Resources (chemistry) | Read revision<br>notes/Seneca/watch<br>revision videos and<br>practice exam<br>questions. | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |  |  |
| <b>Triple only</b><br>Space Physics (physics)                     | Read revision<br>notes/Seneca/watch<br>revision videos and<br>practice exam<br>questions. | Oak links, knowledge<br>organisers, Seneca, UL<br>Curriculum HUB | 30 minutes |  |  |



## **Additional Support: Exam Stress and Mental Health**

If you need further guidance or support, remember the layers of support which are on offer to you. You can talk to:

- Your class teacher
- Your tutor
- Your Community Leads
- The head of department for the subject

If you are concerned, stuck or feeling unsure of anything please get into with the school - **support is** there if you need it.

Further advice on supporting students through the exam period can be found here:

NHS Advice on preparing for exams

Youngminds A guide for young people Exam Stress

<u>Dfe – Coping with exam pressure – a guide for students</u>

#### How can parents support?

Assessments and Exams can often be stressful. Here are some tips to help your child say stress free during this time:

- 1. Talk about it reassure them that feeling anxious or nervous about is exam is normal. Get them to focus on what they have been doing and to talk through how the exam or assessment has gone
- 2. Practice at home- work through practice papers at home and talk about what will happen during each exam
- 3. Be positive speak positively about the exams, to help them be confident and relaxed to avoid stress and anxiety
- 4. Put things in perspective remind them that it isn't the end of the work if they don't do as well as they'd hoped, the outcome doesn't define who they are or mean that they won't succeed
- 5. Look after yourself young people pick up on stress from adults around them. Try to keep as calm as possible to support their well-being

#### **Self Help Tips:**

- ✓ Remind yourself that it is okay to not feel 10/10
- ✓ Stay connected with people who make you feel good
- ✓ Remind yourself that not every feeling you have needs to be acted on
- ✓ It is okay to sit with a difficult emotion
- ✓ Make some plans to do something that you enjoy
- ✓ Deep breathing, relaxation, mindfulness moments can help to restore calmness

#### Contacts in the community that you can use.

If I am in a crisis and need urgent support but can keep myself safe for now I will:

- Text **SHOUT to 85258** (24/7 text response texts are free)
- Call **Childline** 0800 1111
- Log in to Childline for online chat <a href="https://www.childline.org.uk/get-support/1-2-1-counsellor-chat/">https://www.childline.org.uk/get-support/1-2-1-counsellor-chat/</a>
- Tel: Sussex Mental Health Helpline 0800 0309 500 24 hours
- Harmless info@harmless.org.uk http://www.harmless.org.uk/
- Papyrus HOPELineUK (Suicide prevention charity) Tel: 0800 068 4141
   (Mon-Friday 10-5pm & 7-10pm and Sat-Sun 2-5pm) Website <a href="www.papyrus-uk.org">www.papyrus-uk.org</a>

## If you are in crisis and don't feel I can keep myself safe:

- Go to A&F
- Call 999 and ask for an ambulance
- Get someone else to take you to A&E and for them to call an ambulance



#### Other useful contacts

#### **Bullying UK Helpline**

Tel: 0808 800 2222 (Mon-Friday 9am-9pm; Sat-Sun 10am-3pm)

Website: https://www.bullying.co.uk/

#### **Young Minds**

Mental health information and young peoples shared experiences.

https://www.youngminds.org.uk

#### Allsorts LGBTQI+

Allsorts Youth Project listens to, connects & supports children & young. people under 26 who are lesbian, gay, bisexual, trans or exploring their sexual identity

Tel: 01273 721211

Allsorts Youth Project

e-motion- East Sussex

A free online counselling project for young people aged 12-18 years who live in East Sussex

www.e-motion.org.uk

#### i-rock, 14+

i-Rock can offer you advice and support on emotional and mental wellbeing, jobs, education and housing

irockeastsussex@spft.nhs.uk https://www.irocksussex.com/

#### **Calm Harm**

The Calm Harm App can be downloaded and used to help manage the urge. to self-harm.

Home - Calm Harm App

#### **Grassroots App**

The Stay Alive app is a suicide prevention resource, packed full of useful. information and tools to help you stay safe in crisis.

StayAlive - Essential suicide prevention for everyday life Grassroots Suicide Prevention | Educating, Connecting, Campaigning (prevent-suicide.org.uk)

## Me & My Mind run Online Parent and Carer Workshops:

**Supporting Your Child with Anxiety & Worry** 

Thursday 29th February 12-1.30pm

**Supporting Your Child with Exam Stress** 

Thursday 21st March 6-7.30pm

Thursday 18th April 6-7.30pm



## For more info and to book scan the QR code or visit:



www.tickettailor.com/events/mental healthandwellbeingineducation

If you have any <u>questions</u> please email mhst.parentteam@eastsussex.gov.uk



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